



Captain In You Sailing Schools, Inc.

Mailing Address for checks: 311 Society Place • Newtown, PA 18940

What to bring with you during your class?

Charts (Gallivant has charts on board but you are welcome to bring your own)
Pillow case (pillows will be provided)
Top and bottom sheet (Queen or bigger. Double is too small.)
Light blanket (optional)
Summer weight Sleeping bag if you prefer sleeping bag rather than blanket. You should still bring bottom sheet to protect cushions
Hat and holder that attaches hat to shirt so it does not blow off
Batteries in various sizes for your electronic gear
Motion sickness medication (You may want to try out whatever you might use to see if it makes you drowsy). We recommend scopolamine transdermal patches
Camera
Off Deep Woods insect repellent (Most useful in hot summer months)
Cell phone and charger
Small flashlight on lanyard
Suntan lotion
Eye glass holder
Leatherman Multitool (Optional)
Sun glasses
Wrist Watch
Any medications you normally take
Type V PFD. Gallivant has six Type 1 PFDs on board and four type V PFDs with D rings for a harness. Students who leave the cockpit and go forward are required to wear a Type V with harness attached to jack lines. Bring your own to ensure a comfortable fit or wear ours.
Whistle on your Type V PFD (recommended but not required)
Strobe light on your Type V PFD (recommended but not required)
Tether (As with Type V PFD you can bring your own or wear ours.)
Power strip if you have lots of devices to plug in
Towel and wash cloth
Soap
Toiletries bag
Rain Gear (Gallivant has Bimini and Dodger but still a good idea to have rain gear)
Boat shoes
Shorts and knit shirts for entire trip
Bathing suit if you want to swim
Snorkel gear including fins (Virgin Islands Sailing Academy Students)
Passport (Virgin Islands Sailing Academy Students)
Water bottle
Some students give more but a gratuity of 15-20% of course fees is typical. Cash is appreciated.



An ASA Affiliated Sailing School